

Welcome, to the CPPE North West Newsletter Spring 2023.

We have a lot to share with you, so we have created this handy document with live links to help you to quickly find what you are looking for. We hope you find it useful.

If you have any questions, suggestions of what should be included in future newsletters or would like a copy of past newsletters, please contact one of the regional tutors:

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Online workshops

Our online workshops offer the same range of activities, group discussion, small group learning & networking as the face-to-face workshops but can be experienced from the comfort of your own space. Pharmacists, pharmacist trainees and pharmacy technicians from any area of practice are welcome to attend.

Places book very quickly, although more dates may be released later in the year so do keep checking if the events look full.

Our current topics include:

- **NEW** [Familial Hypercholesterolaemia – focal point](#)
- **NEW** [Supporting people living with frailty](#)
- **NEW** [Medicines reconciliation in transfer of care - optimise](#)
- [Opioid deprescribing in chronic pain – focal point](#)
- [Type 2 Diabetes: supporting people better – focal point](#)
- [Hypertension - focal point](#)
- [COPD – focal point](#)
- [Emergency Contraception](#)
- [Falls prevention](#)
- [Medicines optimisation in care homes essential skills](#)
- [CPCS](#)
- [Mental capacity act 2005 and covert administration of medicines](#)



Face-to-face workshops

We are pleased to announce that we are offering a selection of face-to-face workshops this semester:

- [Optimising Inhaler technique: improving outcomes](#) evening workshop
Join Michelle at Cotton Court business centre in Preston on 4th July 7-9pm.
- [Confidence in consultation skills](#) full day workshop
Join Sarah & Michelle at the Hough End centre in Chorlton, Manchester on the 25th September 10am-4.30pm.

You can find out more information about our online and face-to-face workshops using the hyperlinks above or by visiting the [CPPE website](#).

CPPE News & New programme information

NEW Cancer: supporting people with early diagnosis e-learning

The ***Cancer: supporting people with early diagnosis e-learning*** programme enables pharmacy professionals working across all practice settings to identify people who may have signs or symptoms of cancer and support them to access services facilitating early cancer diagnosis. The programme also explores the national cancer screening programmes currently available, what people can expect from these and how pharmacy professionals can promote screening uptake. The two-hour e-learning can be accessed at [Cancer: supporting people with early diagnosis : CPPE](#)



NEW Over- the-counter desogestrel progestogen- only pills

The CPPE [Over- the-counter desogestrel progestogen- only pills case study](#) has been designed to support pharmacy professionals selling the desogestrel progestogen-only pill over the counter. This one-hour e-learning covers key

messages about long-acting reversible contraception and prevention of sexually transmitted infections, as well as factors that may be important to people.

NEW Familial hypercholesterolemia focal point online workshop

Join a CPPE [Familial hypercholesterolemia focal point online workshop](#) to discuss with peers how you can recognise the characteristics that could suggest someone may have familial hypercholesterolaemia and describe the tools commonly used in the initial diagnosis of familial hypercholesterolaemia. It will help you to have conversations with people about the condition and its impact on cardiovascular risk in a sensitive and person-centred way, and to apply the principles of shared decision making to support people living with familial hypercholesterolaemia to optimise their treatment & lifestyle choices. The workshop has been designed to support the NHS Long Term plan, which aims for 25% of people with FH to be identified over the next 5 years.

NEW Supporting people living with Frailty online workshop

Through a combination of pre-workshop learning materials and an online workshop the CPPE [Supporting people living with Frailty](#) programme provides pharmacy professionals working in any pharmacy practice setting with an introduction to supporting people living with frailty. The aim of this programme is to develop your knowledge and skills to enable you to describe what frailty means, recognise people living with frailty, use available tools and offer holistic appropriate support.



NEW Medicines reconciliation in transfer of care Optimise online workshop & team learning

CPPE have launched a new optimise programme: [Medicines reconciliation in transfer of care](#). If you are not familiar with our optimise programmes you can access them as a bookable online workshop and work through the activities with other pharmacy professionals, or you can access the materials and work through them with your colleagues in the workplace. This programme has been designed to support pharmacy professionals to deliver medicines reconciliation as part of an integrated care system with a focus on safe transfer of care. During the programme you will describe how to complete a medicines reconciliation in accordance with national recommendations, identify

possible barriers and solutions to medicines reconciliation and explain how medicines reconciliation is important during transfer of care.

To access the materials for the workplace visit [Optimise programmes \(cppe.ac.uk\)](https://cppe.ac.uk)

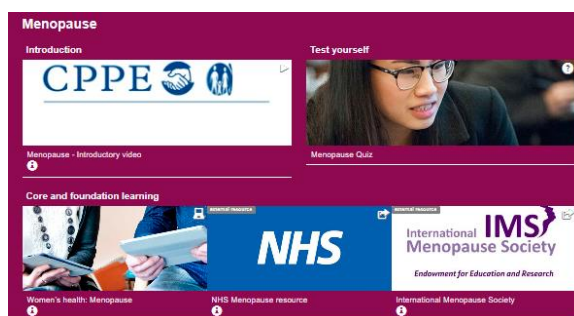


NEW Learning gateways

CPPE learning gateways are a one stop shop for learning and resources on a particular topic. Each learning gateway includes links to CPPE programmes and other reputable external resources. Our two most recent learning gateways are Menopause & Women's health.

The [Menopause Learning gateway](#) includes a short quiz, learning, toolkits, and societies such as British menopause society and international menopause society.

The [Women's health learning gateway](#) includes a short quiz and links to learning on menstrual disorders, urogenital conditions, breast feeding, pregnancy, baby loss & endometriosis.



Safeguarding children, young people & adults: level 2 case studies for pharmacy professionals

CPPE have developed a series of case studies to support the e-learning for healthcare (e-lfh) level 1 & 2 safeguarding training. The cases are set in different areas of practice and involve a range of people you may meet during your

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work as a pharmacy professional. The two-hour e-learning will support you to apply guidance and legislation, take appropriate action when a safeguarding concern is identified and build a toolkit of resources to support you and your pharmacy team. For more information and to access visit [Safeguarding children, young people and adults: level 2 case studies for pharmacy professionals : CPPE](#)

NEW Asthma e-assessment

CPPE have launched a new [Asthma e-assessment](#). The e-assessment has been created to support the asthma learning that is available in unit four of the CPPE [Fundamentals of respiratory therapeutics e-course](#). Completing the assessment may also provide evidence for achieving competencies in the RPS Foundation or Advanced Pharmacy Frameworks. If you are completing a Declaration of Competence for a pharmacy service, successful completion of this assessment will provide evidence of your learning.

Leadership

Leading for change

The CPPE [Leading for change programme](#) is now open to pharmacy professionals from all areas of practice including community pharmacy, hospital, primary care and the prison service. This fully funded leadership programme is open to anyone who has responsibility for leading a team or leading services within their organisation. *Leading for Change* comprises four online modules, delivered over six months each supported by a compulsory online workshop and optional networking Zoom Room. To successfully complete the course you need to attend all four workshops, contribute to the discussion forums and complete a written assignment to demonstrate how you have put your learning from the programme into practice.

Pharmacy Technicians

Pharmacy technicians: enhancing your professional practice e-course

CPPE is excited about our programme of learning for pharmacy technicians in England. [The Pharmacy technicians: enhancing your professional practice e-course](#) is the first component in a series of learning opportunities for pharmacy technicians, with additional training opportunities to be announced soon. The e-course is free to pharmacy technicians working in England, who are registered with CPPE.

Accuracy Checking Pharmacy Technicians programme

CPPE have an [Accuracy Checking Pharmacy Technician programme](#) available to all areas of practice where pharmacy technicians have access to a dispensary. The programme includes online learning modules alongside work-based support and assessment. Pharmacy technicians will be supported by a work-based education supervisor and a CPPE tutor. The course aligns with APTUK National Education Framework for the Final Accuracy Checking of Dispensed

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Medicines and Products. The course has been designed to be completed in a minimum of three months and a maximum of twelve months with the main aims of the programme being:

- develop the skills required to be a safe final accuracy checking pharmacy technician
- improve leadership skills to direct the dispensary team
- support the multi-disciplinary team to deliver patient-facing services.

For more information, fees and registration visit [Accuracy checking pharmacy technician programme : CPPE](#)

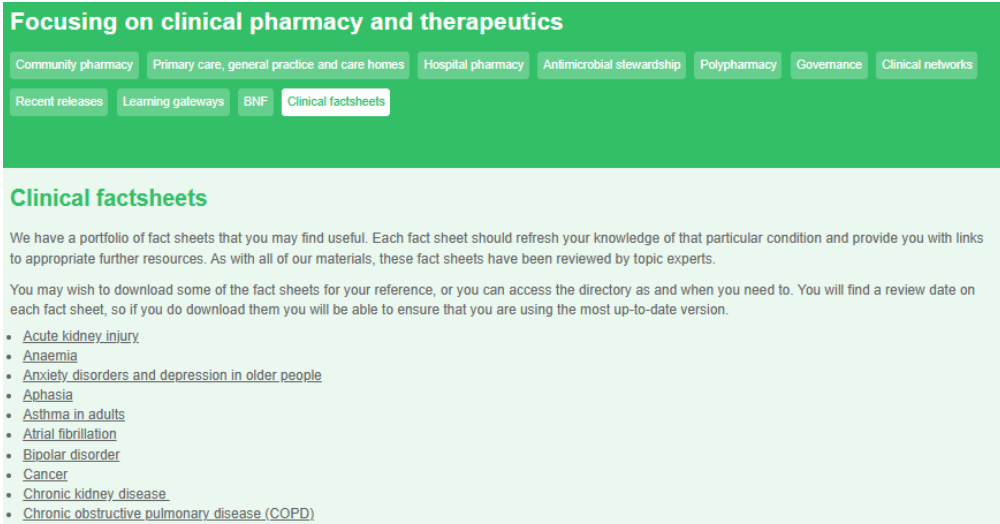
Trainee pharmacists

Are you a trainee pharmacist or do you work with a trainee pharmacist? CPPE has an extensive portfolio to support you in your early career including your registration assessment.

The CPPE guide to your foundation training year, lists CPPE and key external resources to support you in areas of high weighting (page 11 of the guide). The guide can be found at [Your foundation training year : CPPE](#)

The GPhC website has information on sitting your registration assessment. This includes the GPhC registration assessment framework [Sitting the registration assessment in June 2023 | General Pharmaceutical Council \(pharmacyregulation.org\)](#)

Often in practice you will encounter conditions that you may not have recently covered. CPPE have a range of clinical factsheets to support you to access up-to-date clinical information. These factsheets are designed for all pharmacy professionals and cover a wide range of topics including hypertension, sepsis & cancer. They are available to access on the CPPE website. [Clinical factsheets : CPPE](#)



Focusing on clinical pharmacy and therapeutics

Community pharmacy Primary care, general practice and care homes Hospital pharmacy Antimicrobial stewardship Polypharmacy Governance Clinical networks

Recent releases Learning gateways BNF Clinical factsheets

Clinical factsheets

We have a portfolio of fact sheets that you may find useful. Each fact sheet should refresh your knowledge of that particular condition and provide you with links to appropriate further resources. As with all of our materials, these fact sheets have been reviewed by topic experts.

You may wish to download some of the fact sheets for your reference, or you can access the directory as and when you need to. You will find a review date on each fact sheet, so if you do download them you will be able to ensure that you are using the most up-to-date version.

- [Acute kidney injury](#)
- [Anaemia](#)
- [Anxiety disorders and depression in older people](#)
- [Aphasia](#)
- [Asthma in adults](#)
- [Atrial fibrillation](#)
- [Bipolar disorder](#)
- [Cancer](#)
- [Chronic kidney disease](#)
- [Chronic obstructive pulmonary disease \(COPD\)](#)