

June 2020
Sexual Health Services
ON-LINE POSTAL TESTING KITS

The purpose of this communication is to inform you of our free home testing kits to screen for sexually transmitted infections which are available for people of all ages via our service website. The testing kits are available by visiting:

www.lancashiresexualhealth.nhs.uk or www.blackpoolsexualhealth.nhs.uk

A short online request form is completed enabling a bespoke testing kit to be tailored towards each individual. The kit contains easy to follow instructions on how to collect samples for Chlamydia, Gonorrhoea, HIV and Syphilis. Guidance on obtaining samples and kit contents can be also be found on the website, including a video on how to take a blood sample which can be found on You Tube by following:

https://www.youtube.com/watch?time_continue=2&v=3ilC6RG739k&feature=emb_logo

The testing kits are posted in discreet packaging and all postage costs are included. Results will be given within two weeks from return postage to the patients desired contact method i.e. mobile phone, email which is chosen and confirmed on the patient online order request.

Postal kits are available for anyone over 16 years of age, living in Lancashire (Excluding Blackburn with Darwen, anyone living within this area can call: 01254 283888)



The map of Lancashire includes all the areas that we are commissioned to post out kits too – any requests made outside of this area will not be processed

Chairman: Pearse Butler

Chief Executive: Kevin McGee (Interim)

RESEARCH MATTERS AND SAVES LIVES - TODAY'S RESEARCH IS TOMORROW'S CARE

Blackpool Teaching Hospitals is a Centre of Clinical and Research Excellence providing quality up to date care. We are actively involved in undertaking research to improve treatment of our patients. A member of the healthcare team may discuss current clinical trials with you.



Good sexual health health is an important aspect of overall physical and emotional health and well-being. It is central to the development of some of the most important relationships during our lives.

Any person who is sexually active could be negatively affected by their sexual health decisions and may need to take precautions or access sexual health services to maintain a positive and healthy sexual life.

We provide a Confidential Sexual Health Service, including contraception options, testing and treatment for Sexually Transmitted infections, advice and information.

We continue to work in clinical settings to ensure residents across Blackpool and Lancashire have access to Sexual health services, however all our appointments are currently conducted by telephone, anyone calling will be assessed and offered further treatment should this be necessary.

For appointments call Monday – Friday 9am – 5pm 0300 1234 154 and select the correct option for your area.



ARE YOU CLEAR?

STI Self-Testing Kits

Testing for sexually transmitted infections just got a whole lot easier. Simply **visit our website** to request your **FREE home testing kit**, follow the instructions given and find out your **results within 14 days**.

What To Do.

- Complete a short on-line questionnaire
- Bespoke your testing kit to include Chlamydia, Gonorrhoea, Syphilis & HIV testing
- Follow the easy step-by-step instructions
- Return using the Pre-Paid envelope
- Results within 14 days of return postage

**Blackpool and Lancashire
Sexual Health Services**

